## THE CHALLENGE FOR NURSES CARING FOR THE DYING

Most Canadians (90%) express the desire to die at home however the majority of deaths still occur in acute and complex care settings. Less than 15% of dying Canadians receive specialized hospice palliative care services. Providing excellent end-of-life care is a primary concern of nurses in both acute and complex care.

This workshop, *"Practical strategies for nurses working with palliative patients in acute and complex care"*, identifies common issues of the dying and practical strategies that nurses can employ to care for those who are dying, their family and their loved ones.

### **THE WORKSHOP**

Participate in this 3 day workshop to help you address these questions:

"How can I tell if s/he is dying?"

"When is palliative care appropriate?"

"We don't have enough time..."

"We can't get appropriate orders..."

"Who do I call if the pain does not settle?"

"How do I get a consultation from a palliative care physician?"

"S/he won't eat, what do we do? The families are stressed"

"He is dying but no one wants to talk about it."

"We need practical tips and tools for providing this care!"

## WORKSHOP DATES

Dates: January 23, 24 and 25 Time: 8:30 am - 4:30 pm Location: Holiday Inn 3020 Blanshard Street Victoria



ife & Death. Matters

## **LEARNING OUTCOMES**

Learn to:

- Identify the challenges of providing excellent end of life care in acute and complex emergency settings;
- Apply the principles of hospice palliative care in your setting;
- Identify tools and protocols to assess and manage common symptoms experienced by the dying;
- Identify the physical changes that occur in the last days and hours, and the psychosocial implications of those changes for family members;
- Develop strategies to address the psychosocial needs of the dying and their families;
- Explore the benefits of establishing clear professional and personal boundaries in tense care situations;
- Develop strategies when witnessing emotional and spiritual suffering.

#### PRESENTERS

**Kath Murray, RN, MA, CHPCN(C)** - Kath is committed to providing excellent hospice palliative care and teaching strategies to enhance end of life care. As an RN and Certified Thanatologist, she brings years of experience as a hospice palliative care nurse, family caregiver, and educator. She teaches with clarity, colour and humour.

**Elizabeth Causton, MSW** - Elizabeth is an engaging speaker who uses stories and metaphor to convey the lessons learned from years of counseling experience in palliative care. She has taught psychosocial issues in courses across Canada and is well known for teaching "the Dance", a metaphor for maintaining professional boundaries.

**Dr. Leah Norgrove, MD** - Leah is the Palliative Care Physician for the Saanich Peninsula Hospital, has worked with Victoria Hospice for over 14 years, and has recently studied as a GP Oncologist.

**Dr. Deb Braithwaite, MD** – "Dr. Deb" is a palliative care physician with 25 years experience with Victoria Hospice and brings excellent clinical and teaching skills when working with patients and families.

**Dr. Michael Downing, MD** – Michael has worked with Victoria Hospice since its inception, first as a hospice physician, then as Medical Director, and currently is the Director of Research.

## WHAT PEOPLE SAY

Thank-you to all the people who have provided feedback on previous courses. Here is a sampling of their comments.

#### "...the best workshop I ever attended."

"...entertaining, educational and very memorable."

"...kept us interested and involved."

#### "...had me laughing and weeping."

	oliday Inn, 3020 Blanshard Street, Victoria (just off Blanshard tween Topaz and Hillside)
Breaks and Meals: Be	ee on site everages and snack provided for morning and afternoon breaks. nch break is 1 hour.

## **Registration Form**

Name:

Phone: Home \_\_\_\_\_\_ Email \_\_\_\_\_

Place of work

Role at work \_\_\_\_\_

Registration deadline is January 20, 2008. Minimum registration - 15/Maximum registration - 35 Fax registration forms to: 250.590.0881 Registration payable by cheque to: Life and Death Matters

> 2958 Lamont Rd Saanichton, BC, Canada

V8M 1W5

Life & Death Matters

Questions?

Ask Kath by email admin@lifeanddeathmatters.ca or Phone: 250.652.6786

"Teaching is an invitation to learn, and learning is an invitation to teach. May we enjoy learning and teaching together!" Kath

# Life and Death Matters

## presents

"Practical strategies for nurses working with palliative patients in acute and complex care"

> Join us January 23, 24 & 25, 2008 at Holiday Inn Victoria 3020 Blanshard St Victoria

